



# HARVEST APPEAL

**HELP SUPPORT YOUR FOOD BANK  
WITH FOOD AND FUNDS THIS HARVEST**

## WHAT CAN I DONATE?

Food banks only work with non-perishable food items (tinned and dried goods), which do not spoil or decay. Here are the Top Ten items...

Whole Milk (UHT or Powder)

Fruit Juice (long life carton)

Tinned fish

Instant Coffee

Tinned meat (corn beef)

Cooking oil

Jam/peanut butter/honey

Custard (UHT or powder)

Drinking chocolate

Instant noodles/instant rice

## WHEN AND WHERE CAN I DONATE?

We will be accepting food donations from Monday 30<sup>th</sup> October to Wednesday 8<sup>th</sup> November. Just drop your donations into the school office at either site.

## WHERE WILL MY DONATIONS GO?

All food donations go to local food banks to help our local community.

